

Approach

Building the capacity to respond to complex challenges our approach to learning and education is individually tailored and takes many forms. A major aim of our work is to create diversity of thought, experience and perspective for a deeper understanding to emerge and for clear action to flow. For creativity and innovation to be possible it is necessary to learn to suspend old ideas and dysfunctional patterns of behaviour, to open our minds and hearts and to get in touch with the present moment.

We do this through facilitated sessions and guided outdoor journeys creating a fine balance of intellectual stimulation, direct experiences and space to slow down, recharge and find presence. Art, music, good food, and nice accommodation are all important in the art of creating the right atmosphere for true learning and positive change.

Our programmes draw on a team of facilitators with many years of experience in business, sustainability education, developmental outdoor education, leadership development, relational psychology, mindfulness practice and action research.

