



MBA Outside

24 March, 16 June, 2 September, 27 October

Are you ready to get out of the classroom?

You are invited to network with your fellow MBAs in Barcelona during a one-day outdoor adventure in the foothills of the Spanish Pyrenees. Led by an experienced team of outdoor educators, we will explore the beautiful river canyons inside the Catalan Pyrenees. The MBA Outside Day is an initiative of Active Earth - a social business supporting nature-based leadership development. Over the past ten years, we have worked with thousands of students from all over Europe. Our programmes combine adventure activities with reflection and dialogue on business & sustainability.



We run two programmes for graduate level students:

Canyoning | Dates: 16. June, 2. September 2012 | Price: 80,- Euro

Equipped with wetsuit, helmet and harness, you will take on abseils down impressive waterfalls, jump into natural pools and slide down perfectly polished rocks. Canyoning is an experience that will reawaken and revitalize your senses.

Adventure Trail | Dates: 24. March, 27. October 2012 | Price: 75,- Euro

Equipped with helmet and harness, this beautiful day-trip is a fun introduction to climbing. The journey will take you up colourful limestone cliffs, past natural archways and caves. The Adventure Trail will lead you to unique viewpoints over the Pyrenees.

No previous experience is required but all participants should have a reasonable level of physical fitness and an appetite for the outdoors. All programmes are professionally guided and operate under a strict safety and risk management policy. For personal health, we strongly advise you to have adequate insurance cover.

Group sizes are limited to 8 or 12 people. Registration closes 1 month before each programme date.

For **Booking and Registration** please use the booking links below the map on the right side or call +34 699 960 134

What to bring?



- Sport or trekking shoes
- Swimming suit (optional)
- Sun lotion
- Water bottle (1,5 litres)
- Pack lunch & snack
- Warm change of clothes
- Warm waterproof jacket (or warm jacket/fleece + thin rain coat)

